



Project Director:
Mike Bryant

Peer Recovery Specialist
Coordinator:
Dave Simons

Peer Recovery
Specialist:
Debra Walker

PEER2PEER RECOVERY PROJECT

VOLUNTEERISM AT PEER2PEER



Funded by:



Phone: 508-567-5086



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ABOUT PEER2PEER RECOVERY PROJECT

- P2P is an exciting new Steppingstone project that is funded by SAMHSA for a 3-year period. P2P first 5-6 month start up will occur at 506 N. Main St, which following, the project will move to 175 N. Main St. permanently.
- P2P's **purpose** is to provide a peer recovery support system of gender responsive services and activities for persons in Fall River, MA who are in recovery or contemplating recovery from substance use.
- The **goal** of P2P is to provide a peer model that capitalizes on the expertise of individuals with similar lived experience to assist others to achieve and maintain their recovery and improve their overall quality of life.
- P2P will provide a safe and confidential place for individuals to learn from peers with lived experience, share their challenges and become empowered. Each individual path to recovery is respected and each individual is met at whatever point in recovery they are at.

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P2P MODEL - FOUR TYPES OF SUPPORT

Type of Support	Description	Peer Support Service Examples
Emotional	Demonstrate empathy, caring, or concern to bolster person's self-esteem and confidence.	Peer mentoring Peer-led support groups
Informational	Share knowledge and information and/or provide life or vocational skills training.	Parenting class Job readiness training Wellness seminar
Instrumental	Provide concrete assistance to help others accomplish tasks.	Child care Transportation Help accessing community health and social services
Affiliational	Facilitate contacts with other people to promote learning of social and recreational skills, create community, and acquire a sense of belonging.	Recovery centers Sports league participation Alcohol- and drug-free socialization opportunities

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OBJECTIVES OF P2P

- Increase clients' recovery capital and ability to manage symptoms of SUD/CODs while enrolled in the Project
- Ensure adequate health care (including dental) and increase number of clients engaging in tobacco cessation activities & knowledgeable of opioid overdose prevention
- Increase number of clients with a stable source of income, including increasing the number of clients obtaining and retaining employment
- Increase housing placement and stability
- Improve clients' social functioning & community & family connectedness

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TO BECOME A PEER VOLUNTEER, YOU MUST...

- ▶ Be interviewed and approved by the P2P Project Director and/or PRSC
- ▶ Complete volunteerism application and provide three work related references.
- ▶ Pass a confidential CORI, which would exclude anyone with history of murder, rape or sex offender, arson
- ▶ Pass a DCF background check which can take two weeks to receive a response from DCF. You may then need to provide a letter stating you have no further involvement with DCF if there is a finding
- ▶ Attend New Employee Orientation 8 hours includes CPR & Narcan training
- ▶ Participate in mandatory Steppingstone trainings (listed on future slide)
- ▶ Must exemplify positive recovery ongoing
- ▶ Have time available to dedicate to helping others in recovery, be responsible and reliable

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REQUIREMENTS FOR TWO LEVELS OF VOLUNTEERISM

PEER VOLUNTEER 1 (PV1)

- ▶ Two years minimum consistent recovery required
- ▶ Achievements in recovery and other areas that affect wellness (i.e. housing, employment, financial, recovery, social/family, etc.)
- ▶ **PV1s** will be required to attend a Peer Recovery Coach training program provided on-site at Steppingstone.
- ▶ PV1s may attend Transformation Center peer specialist training as/when available and as approved by the TC

PEER VOLUNTEER 2 (PV2)

- ▶ One year minimum consistent recovery required
- ▶ Achievements in recovery and other areas that affect wellness
- ▶ **PV2s** will have the opportunity to attend Peer Recovery Coach training provided on-site at Steppingstone



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PEER VOLUNTEER SERVICES

PV1s will offer P2P participants one or more of the following:

- ▶ One-on-one Peer Coaching/Mentoring
- ▶ Telephone support and front desk coverage
- ▶ Facilitate various recovery groups*
- ▶ Plan and hold special wellness activities*
- ▶ Plan special community events
- ▶ Assist with P2P newsletter creation
- ▶ Assist with other various P2P activities
- ▶ May join the P2P leadership council

PV2s will offer P2P participants one or more of the following:

- ▶ Telephone and front desk coverage
- ▶ Plan and hold special wellness activities*
- ▶ Assist with P2P newsletter creation
- ▶ Assist with other various P2P activities
- ▶ May join the P2P leadership council

***All new groups and activities must be approved by the Project Director or Coordinator prior to facilitation**

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PEER VOLUNTEER TRAINING

PVs are required to participate in the following on-site and online trainings (provided free of cost):

- ▶ Sexual Harassment
- ▶ HIV/AIDS
- ▶ Bloodborne Pathogens/Universal Precautions
- ▶ Confidentiality
- ▶ Cultural Competency
- ▶ Maintaining Boundaries
- ▶ STIs
- ▶ Motivational Interviewing
- ▶ Read and discuss with P2P'S PRSC, SAMHSA's publication SMA09-4454, [What are Peer Recovery Support Services](#)
- ▶ Agency Code of Ethics and Peer Recovery Support Code of Ethics



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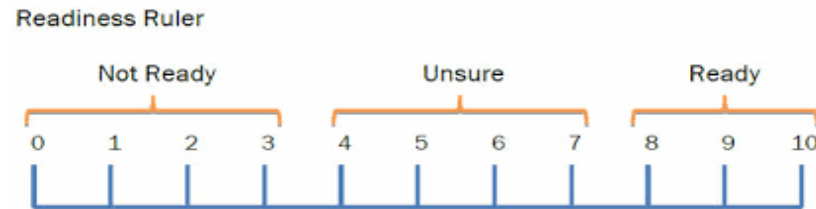


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PEER VOLUNTEER TRAINING

Other training offered to PVs includes:

- ▶ Completion of Contingency Management Plans with P2P participants
- ▶ How to complete and update an Individual Recovery Plan with P2P participants
- ▶ Peer Recovery Coaching Training and assistance applying for certification*
- ▶ Use and application of the Readiness Ruler



*As funding allows, there may be opportunity for PV1s to secure fee-for-service positions as Peer Recovery Coaches following training and certification.

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SUPERVISION PROVIDED TO YOU

- The P2P PRSC will provide **peer volunteers** with weekly supervision to help guide their activities and service provision. The PRSC will meet with peer workers for a minimum of 1 hr. each week to review clients.
- The P2P Project Director as well as the P2P Peer Recovery Specialist will also be available on-site to provide guidance to volunteers as needed.



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THANK YOU!

Thank you for your interest in the new P2P project and in potentially volunteering as a Peer Volunteer!

For more information about P2P, please visit:

www.steppingstoneinc.org/p2p

or call 508-670-1234

Or email mbryant@steppingstoneinc.org or dsimons@steppingstoneinc.org

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