Is this program right for me?

Do you struggle to function at home, work or school? Are you often feeling anxious or depressed? Do you find yourself making choices that result in negative consequences due to symptoms of mental health or alcohol or drug use? Are you being told by family or friends about changes in your personality or ability to follow through on tasks and responsibilities? How do you function each day? Are you struggling to maintain a job, or at risk of losing housing?

If these are some of the challenges that you are facing today, are you willing to make some changes and receive help?

Let the Outpatient Clinic help you.

Outpatient Clinic
279 North Main Street
Fall River, MA 02720
508-679-0033

5 Dover Street, Suite 206
New Bedford, MA 02740
508-984-4155
What can I expect if I participate in the program?

The Outpatient Clinic operates clinics in Fall River and New Bedford, MA. The Program is staffed by a psychiatrist and other professional practitioners as well as mental health and substance abuse clinicians. We also have staff specializing in the treatment of gambling disorders.

Programming includes effective evidence-based practices such as cognitive behavioral therapy, motivational interviewing and integrated treatment. Staff work with each individual to develop a treatment plan that aligns with their goals and aspirations. The primary objective is to provide each participant with an array of services that support long-term recovery and improve symptoms, functioning and quality of life.

Who is eligible?

You must be 18 years of age or older and have concerns about mental illness, substance use or gambling.

How do I apply?

Referrals are received from social service agencies, addiction centers, and self referred. An initial assessment is completed by calling 508-679-0033. If criteria are met, an intake assessment is conducted on-site. Upon acceptance you will be scheduled for your first appointment.

The Outpatient Clinic is funded by the Massachusetts Department of Public Health Bureau of Substance Abuse Services, Blue Cross Blue Shield, TUFTS, Massachusetts Behavioral Health Partnership (MBHP), Neighborhood Health Plan, BMC HealthNet, Medicaid, Network Health and Private Contributions.

I was completely shut down and isolated. I thought drinking was the answer to my problems. My counselor helped me see that there were better ways to manage my depression and today I am a much happier person. ~ Tim

What services are offered?

- Substance use evaluation
- Mental Health evaluation
- Psychiatric services including medication evaluation and medication management
- Medication Assisted Treatment
- Individual counseling
- Couples counseling
- Family counseling
- Group therapy
- Gambling assessment and counseling
- Relapse prevention services
- Urine screening and breath analysis
- Trauma Treatment
- Discharge and aftercare planning