Is this program right for me?

Do you believe someone in recovery from substance use can help you in your own recovery journey? Would extra motivation and encouragement from an ally who believes in your capacity for change be beneficial? Have you found that traditional forms of recovery support have not been enough or just too short?

Are there still barriers, and obstacles that you wish to overcome? Are there goals you wish to achieve that will strengthen your recovery? Are there additional resources that you may need help connecting to? If so, are you willing to receive help?

Let a Recovery Coach help you.

Recovery Coaching
175 North Main Street
Fall River, MA 02720
508-567-5086
What can I expect if I work with a Recovery Coach?

A Recovery Coach is a motivator and cheerleader that believes in a recoveree’s capacity for change. They are an ally and confidant, always prepared to actively listen.

You can expect a coach to be a truth teller who provides honest feedback and offers suggestions. They are a role model and offer their own life as an example of healthy living.

A coach can help you identify problem areas and assist you as a recoveree to problem solve. They can provide linkages to the recovery community, treatment, and other supports. They are an advocate and can act as a representative for the recoveree when requested.

Your coach is an equal and recovery advocate.

Who is eligible?

You must be 18 years of age or older, living in Fall River or New Bedford, or surrounding communities and identify as having challenges with substance use and a desire to initiate or sustain recovery.

How do I apply?

If criteria are met, applications can be found at: www.steppingstoneinc.org/rcapp and once completed can be submitted by fax or email to the following:

Email: recoverycoaching@steppingstoneinc.org
Fax: 508-675-3682.

You also can obtain an application at 175 North Main Street.

Once received, a coach will be assigned or you will be placed on our waiting list. Recovery coaching services are funded and paid for by qualifying insurances and grant funding.

What services are offered?

Identify recovery goals
Assist recoverees in identifying, owning and building their recovery capital
Develop a wellness plan that utilizes existing recovery capital
Listen and provide feedback in a nonjudgmental and supportive way
Guide the new recoveree with connecting to the recovery community
Assist the long-term recoveree to remain engaged
Advocate for the recoveree
Connect the recoveree to community-based resources

I started working with a recovery coach early in my recovery and continue now in long-term recovery. My coach always believed in me and has always supported me by helping me reach goals I previously thought unattainable.

~ Brady