

PEER 2 PEER ← Peer2Peer

RECOVERY NEWS

April 2017

Peer to Peer Recovery Projects Monthly Newsletter

Welcome!!!

Thanks for picking up the first edition of P2P's newsletter. The purpose of our newsletter is to provide information about P2P and recovery in our community.

P2P Newsletter Team

We are looking for members & volunteers to help develop P2P's monthly newsletter. Some tasks include interviewing P2P members, guest facilitators, community members, etc. Writing articles, researching and gathering info on local recovery and fun events. Creating recovery based art, poetry, photography, and writing. Computer skills using Microsoft Publisher to create and print our newsletter.

Have we peaked your interest? Maybe there is something above you would like to partake in helping develop the newsletter, or any other skills or talents you would be willing to use on the newsletter team. Contact Kari or Adam for more info.

Kari: karinlephillips@gmail.com Adam: radam30@mail.com

"Coming to P2P for the first time was a wonderful, welcoming experience. I have never felt so comfortable at a meeting, so much so I felt compelled to share and make myself totally vulnerable. This was the first time I have opened up, and they could not have made me feel more comfortable. It was awesome. I look forward to coming here daily for my recovery. Keep up the great work, and thank you"

- Roger

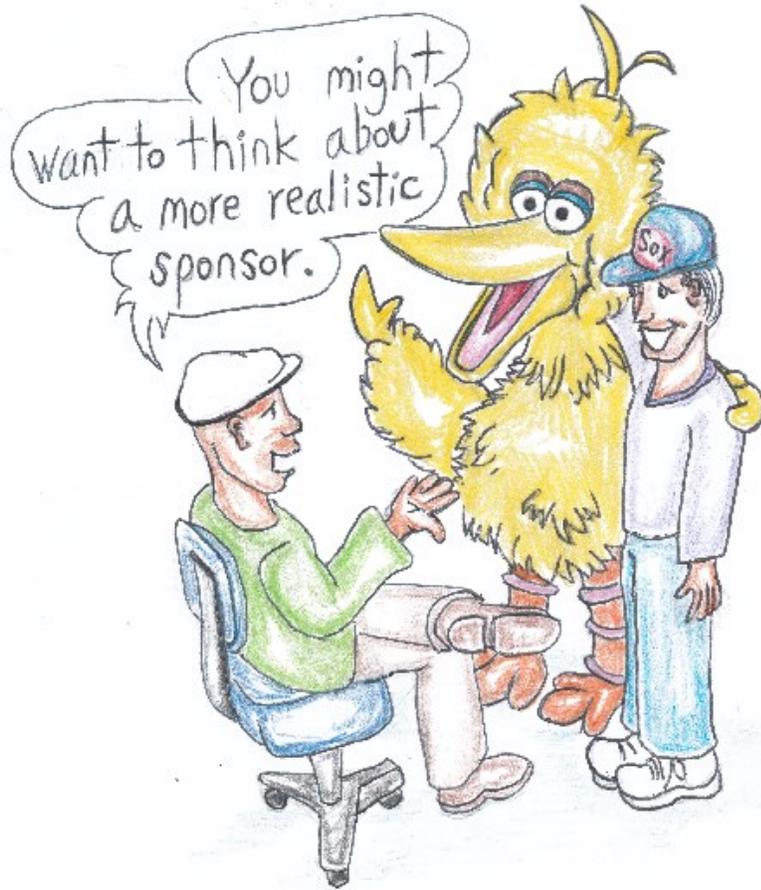


Peer-to-Peer Recovery Project

In This Issue

- Welcome
- P2P Newsletter Team
- Adam's Corner
- Meet Adam
- Letting Go
- Recovery Coaching
- P2P In Herald News

April Recovery Fools



Adams Corner : comics by Adam Rancourt

Letting Go

As children bring their broken toys with tears for us to mend,
I brought my broken dreams to God because he is my friend,
But then instead of leaving him in peace to work alone,
I hung around & tried to help with ways that were my own,
Till finally I snatched them back and cried, "How can you be so slow?",
"My child" he said, "What can I do?, You never did Let Go"

-Author Unknown

(Submitted by Kari Phillips)

Meet Adam

Hi, I'm Adam Rancourt. I have been volunteering at P2P for three months. It has been a great experience, and an added resource for my recovery.

I have had a love for art since I was 5 years old, always drawing on any loose paper I found around the house. As an adult I have painted murals, caricatures, and many art projects around my city.

I have been encouraged to use my talents for P2P projects and special groups. Art has played a big part of my recovery. It is a coping skill, and is therapeutic to me like meditation is to others.

I hope to give back to my community and other P2P members in encouraging and helping bring their own talents to the surface.



Recovery Coaching

Steppingstone Inc. is now offering recovery coaching services.

What are Recovery Coaches?

A Recovery Coach promotes recovery by helping remove barriers and obstacles to recovery and serves as a personal guide and mentor for people seeking or already in recovery.

If you are interested in receiving Recovery Coaching services contact:

Michael Bryant

P2P Director

(508) 567-5086

P2P was recently featured in The Fall River Herald News

Herald News staff reporter Deborah Allard payed Peer to Peer Recovery Project a visit in early February to find out about the buzz in the air P2P is generating.

The following is an excerpt from her column:

Camaraderie can be a beneficial tool in a person's treatment arsenal when they're fighting for their lives to stay sober.

A new Steppingstone Inc. program, Peer 2 Peer, is providing that positive social climate, along with coaching, group activities, goal planning, and more.

"It's no secret that our city is kind of sick right now," said Peer 2 Peer Project Director Michael Bryant, referring to the high number of people using drugs like heroin, and the accidental overdose cases, including those fatal, coupled with the rates of alcohol abuse in the community.

P2P would like to thank Deborah Allard for her time and the opportunity to reach individuals who may want to participate at Peer to Peer Recovery Project.

To read the article in its entirety visit the following web address:

<http://www.heraldnews.com/news/20170210/steppingstone-program-helps-those-on-road-to-addiction-recovery-stay-clean>



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Engage The Brain - Sudoku

Contact Us

Give us a call for more information about Peer to Peer and our supportive services

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Visit and like our Facebook Page for up to date news, events, group and meeting info, and scheduling.

<https://www.facebook.com/p2prp/>

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